



ONE STEP UP

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PRESS RELEASE 2:

The ONE-STEP UP project, which began in September 2022, is approaching its end in August 2024. Coordinated by VSI Inovaciju Biuras, and involving partners from Ireland, Poland, Portugal, France, Croatia, Czech Republic, and Cyprus, the project has aimed to empower marginalised adult learners across Europe.

The primary objective of the ONE-STEP UP project has been to re-engage marginalised adult learners in education and training. By leveraging a micro-learning approach, the project has aimed to make adult education both accessible and flexible, encouraging greater participation among adults who may have previously faced barriers to learning.

Throughout the duration of the project, the partners have worked closely with front-line adult educators and marginalised adult learners, providing them with the knowledge, skills, and tools needed to improve their employability and enhance their economic and social well-being. To do so, the ONE-STEP UP partners have developed the following learning materials in English, Lithuanian, Polish, Portuguese, French, Croatian, Czech and Greek:

1. **Educators Toolbox of Micro-Learning Resources** – A comprehensive collection of bite-sized learning materials designed to support adult learners in acquiring key skills at their own pace.
2. **Professional Development Training for Front-Line Adult Educators** – A specialised training programme that equips educators with the necessary strategies and methodologies to effectively engage and teach low-skilled adults.
3. **Adult Educators' Handbook** – A practical guide for educators that includes best practices, case studies, and innovative teaching techniques to foster adult learning.
4. **Policy and Practice Recommendations Report** - A report assessing the ONE-STEP-UP project's impact, offering recommendations based on educator feedback, and promoting effective practices for engaging low-skilled adult learners.
5. **ONE-STEP UP MOOC** – A Massive Open Online Course (MOOC) offering an accessible, flexible, and free learning environment for adults seeking to improve their skills and knowledge.

The ONE-STEP UP project results are freely available on the project's MOOC: <https://onestepup.cadetprojects.com/>

As the project closes, the ONE-STEP UP partners remain committed to supporting ongoing educational opportunities and ensuring that the resources developed continue to benefit adult learners across Europe.

For more information, visit <https://one-step-up.eduprojects.eu>.